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fax (410)-569-8199  
[www.brightoakspediatrics.com](http://www.brightoakspediatrics.com)

Below is a list of specialists to whom we usually refer our patients. Please call these offices and inquire if they participate with your insurance plan. If they do, make an appointment then call our office to request a referral if your insurance company requires one. Please notify our office at least 7 working days in advance of the appointment for the referral. If you have any further questions, please feel free to call our office!

## DIETITIANS

**St. Joseph Medical Center**  
Outpatient Nutrition Program  
410-337-1382

**Johns Hopkins Hospital**  
GI & Nutrition (18yrs+ only)  
410-955-8769

## WEIGHT MANAGEMENT

**Franklin Square Family Health**  
FIT Families Program  
443-777-2000

**A.I. Dupont/Nemours**  
**Weight Management Program**  
Delaware - 302-621-4200

**Mt. Washington Pediatric Hosp.**  
**Weight Management Program**  
[www.mwph.org/programs/weight-management](http://www.mwph.org/programs/weight-management)  
410-578-5145

**Fit and Healthy Clinic at Kennedy**  
**Krieger Institute-**  
Treats Obesity in children with disabilities  
443-923-9400 (appointments)

## SEE ALSO THESE WEBSITES

[WWW.EATRIGHT.ORG](http://WWW.EATRIGHT.ORG)

[WWW.CHOOSEMYPLATE.GOV](http://WWW.CHOOSEMYPLATE.GOV)