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www.brightoakspediatrics.com

Below is a list of specialists to whom we usually refer our patients. Please call these offices and inquire if they participate with your insurance plan. If they do, make an appointment then call our office to request a referral if your insurance company requires one. Please notify our office at least 7 working days in advance of the appointment for the referral. If you have any further questions, please feel free to call our office!

DIETITIANS

St. Joseph Medical Center
Outpatient Nutrition Program
410-337-1382

Johns Hopkins Hospital
GI & Nutrition (18yrs+ only)
410-955-8769

WEIGHT MANAGEMENT

Franklin Square Family Health
FIT Families Program
443-777-2000

Nemours Children's Health
Weight Management Program
800-416-4441

Mt. Washington Pediatric Hosp.
Weight Management Program
www.mwph.org/programs/weight-management
410-578-5145

Fit and Healthy Clinic at Kennedy Krieger Institute-
Treats Obesity in children with disabilities
443-923-9400 (appointments)

SEE ALSO THESE WEBSITES

WWW.EATRIGHT.ORG

WWW.CHOOSEMYPLATE.GOV