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Below is a list of specialists to whom we usually refer our patients. Please call these offices and inquire if they participate with your insurance plan. If they do, make an appointment then call our office to request a referral if your insurance company requires one. Please notify our office at least 7 working days in advance of the appointment for the referral. If you have any further questions, please feel free to call our office!

MENTAL HEALTH THERAPISTS

*THESE PROVIDERS ONLY PROVIDE THERAPY,
THEY CANNOT DIAGNOSE OR PRESCRIBE MEDICATION*

**Jennifer Brown, LCSW
& Associates**
410-459-3885

Marc Getz, LCPC
410-838-4647

Guided Hope Counseling, LLC
410-846-0095

Steven Acerno
443-528-7260

OIC Counseling
410-836-0820

Real Life Counseling
443-655-7164

Empowered Wellness
Julie Mizak, LCSW-C
410-987-6498

That Girl & Her Dog Wellness
Lindsey Polack, LCPC
443-840-8921
(currently waitlist only)

Healing Hart Wellness
ADHD and Autism
Courtney Hart, CSW
443-594-2626

Karen Berg, LCSW
410-931-9280

Positively Elite
Mental Performance Coach for Athletes
www.positivelyelite.com