2111 Laurel Bush Rd, Suite H
Bel Air, MD 21015
(410)-569-3300
fax (410)-569-8199
www.brightoakspediatrics.com

Below is a list of specialists to whom we usually refer our patients. Please call these offices and inquire if they participate with your insurance plan. If they do, make an appointment then call our office to request a referral if your insurance company requires one. Please notify our office at least 7 working days in advance of the appointment for the referral. If you have any further questions, please feel free to call our office!

PSYCHIATRY

THESE LOCATIONS ONLY PROVIDE MEDICATION MANAGEMENT (NO THERAPY)

American Psychiatric Care Americanpsychcare.com Bel Air 410-670-3076	**Gunpowder River Psychiatry** Patsy Firth, MD 410-679-0012
Mohammad Maisami, MD Child & Adolescent Psychiatry Towson 410-321-7907	**Robert Paine, DO** Child & Adolescent Psychiatry Bel Air 443-808-0200

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PSYCHIATRY

THESE LOCATIONS PROVIDE DIAGNOSIS, MEDICATION, AND THERAPY

White Marsh Psychiatric Associates Whitemarshpsych.com 410-931-9280	**Upper Bay Counseling** 410-996-3450
Associated Mental Health Specialists Towson 410-583-2377	**Vita Health** (Telehealth) Vitahealth.care 1-844-866-8336
Center for Trauma, Stress & Anxiety Ctsatherapy.com 443-567-7073	**Harford Health & Wellness** 410-638-1900
UCMC Outpatient Clinic (by appt only) Aberdeen 443-843-8050	**Norkis Services** (ages 5+) Havre De Grace 443-526-6133
The Resource Group **Counseling & Education Center** Towson 410-337-7772	**Balance Point Wellness, LLC** Bel Air 410-800-2169
Centered Counseling Services Towson 443-798-7707	**Kennedy Krieger Institute** **Behavioral Psych** 443-923-7508
Ally Behavior Centers 1-877-513-4504	**Blue Jay Psychiatry** Bluejaypsychiatry.org (not .com) 970-236-8768
Best Day Psychiatry & Counseling Ages 3 & up 910-323-1543	