



2111 Laurel Bush Rd, Suite H  
Bel Air, MD 21015  
(410)-569-3300  
fax (410)-569-8199  
[www.brightoakspediatrics.com](http://www.brightoakspediatrics.com)

Below is a list of specialists to whom we usually refer our patients. Please call these offices and inquire if they participate with your insurance plan. If they do, make an appointment then call our office to request a referral if your insurance company requires one. Please notify our office at least 7 working days in advance of the appointment for the referral. If you have any further questions, please feel free to call our office!

## **PSYCHIATRY**

***THESE LOCATIONS ONLY PROVIDE MEDICATION MANAGEMENT  
(NO THERAPY)***

**American Psychiatric Care**  
[www.americanpsychcare.com](http://www.americanpsychcare.com)  
Bel Air 410-670-3076

**Gunpowder River Psychiatry**  
Patsy Firth MD  
410-679-0012

**Mohammad Maisami MD**  
(Child & Adolescent Psychiatry)  
Towson 410-321-7907

**Robert Paine DO**  
(Child & Adolescent Psychiatry)  
Bel Air 443-808-0200



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## **PSYCHIATRY**

***THESE LOCATIONS PROVIDE DIAGNOSIS, MEDICATION,  
AND THERAPY***

### **White Marsh Psychiatric Associates**

[www.whitemarshpsych.com](http://www.whitemarshpsych.com)

410-931-9280

### **Upper Bay Counseling**

410-996-3450

### **Associated Mental Health Specialists**

Towson 410-583-2377

### **Vita Health (Telehealth)**

[www.vitahealth.care](http://www.vitahealth.care)

1-844-866-8336

### **Center for Trauma, Stress & Anxiety**

[www.ctsatherapy.com](http://www.ctsatherapy.com)

443-567-7073

### **Harford Health & Wellness**

410-638-1900

### **UCMC Outpatient Clinic**

Aberdeen (by appt. only)

443-843-8050

### **Norkis Services (ages 5 & up)**

Havre De Grace

443-526-6133

### **The Resource Group Counseling & Education Center**

Towson 410-337-7772

### **Balance Point Wellness, LLC**

Bel Air 410-800-2169

### **Centered Counseling Services**

Towson 443-798-7707

### **Kennedy Krieger Institute**

**Behavioral Psych.**

443-923-7508

### **Ally Behavior Centers**

1-877-513-4504